MORE THAN SPORT

celebrating 5 years of transformational relationships

training4changeS Annual Report 2019





a global leader in sport for social change



Mission

training4changeS exists to utilize sport as a catalyst for holistic community transformation and to intentionally equip young leaders with essential life skills and values.

Core Values Relationship | Integrity Leadership | Excellence











A Word From the Director

Fives years ago, in the midst of racial divide & socio-economic disparity, we committed to building community. We resolved to pursue holistic transformation. More than going wide, we aimed to go deep. More than sport, we sought to provide a well-rounded education. More than encounters, we wanted to build relationships. Looking back over these years, it has been an incredible journey. We had a vision to be imbedded at a grassroots level, while at the same time making a credible contribution on a global scale. As the leader of this team, I am immensely happy with how far we've come. To see our team being recognized locally and globally fills me with great joy. As hard as we strive for excellence on and off the field, we never lose sight of what matters most — the people we are privileged to work with on a daily basis. To see our Futsal Academy boys growing up with us; to see coaches that we have trained gaining stable employment and making significant contributions in their communities; to see the smiles on girls faces as we create opportunities for them to play, is the fuel we need to keep driving this growth process forward. We enter this coming decade with a feeling of great anticipation. As we look forward to what is in store, we look back with thanksgiving for the solid foundation we've built during these first 5 years. I'm grateful for each and every individual that has helped bring us this far.

Soli Deo Gloria,

Daniel Thomae



Education Outside the Classoom





Our Futsal Academy boys have been with training4changeS for an average of 3 years. Stability allows us to build deep impactful relationships.



This year we invested over 350 hours per child in mentoring and education outside the classroom. We aim to provide in depth support to each individual.



Although 100% of our boys report having faced trauma in their communities, they all report feeling safe and supported while at training4changeS.



Futal Academy coaches Quinton and Keke have excelled at making the futsal pitch a space for learning through play. While promoting peace and justice, our curriculum addresses relevant social issues including good health and well being, and reducing inequality.

In an effort to nurture well-rounded young men, we introduced weekly character development sessions. Led by volunteers from a partner organization, these times allowed our boys to dive into important themes such as relationships, honor, growth, and positivity.



Education Inside the Classoom





Weekly Futsal Academy classroom sessions provided individualized academic support to boys from 7 different schools in 4 communities.



We focus on creating a fun learning environment for math and English literacy. Our boys showed 300% collective improvement in achieving math standards.



Because we provide a student-teacher ratio 20 times lower than normal school settings, we can offer tailored support to each child.



"Sifunda" is an isiXhosa word for "learning," and "saam" is an Afrikaans word for "together." Our theme, "Sifunda Saam" inspires our journey together. We are empowering FEARLESS leaders that are equipped to reach their full potential.

Our research-based individualized academic support system promotes lifelong learning, and prepares our Futsal Academy boys to achieve standards South Africa's education system does not.



#againstALLodds



Through futsal tournaments, and other learning opportunities, our #againstALLodds campaign strives to increase opportunities for female participation in sport, pursues gender equality, and empowers young women to be transformational leaders.





We celebrated the 2019 FIFA
Women's World Cup with our own
Common Goal World Cup for high
school girls. Teams from 5
communities enjoyed a fun day of
building relationships, learning life
skills, and getting to know female
role models from around the world.
This great initiative was supported
by Netherland's midfielder Tessel
Middag through Common Goal.

We strive to support the wider growth of women's soccer in South Africa by collaborating with high impact local organizations, such as Brooklyn Sports Development and OASIS, to share our network and resources in strategic ways that will help them continue equipping and empowering young women through the game.



Skills4Life



catching up with past participants as we celebrate 5 years of equipping coaches with tangible skills for work



"training4changeS helped me understand that the idea is to get kids to understand why and how, and be able to do things on their own. One day when I have my own family, I want to apply this principle."

— Zolisi Dodi
University Student

"The way training4changeS equips kids to handle conflict helps them in the areas they live in. They put themselves in other people's shoes; they see the people they work with as family."

- Ashulita Hartogh DCAS Idas Valley Primary School





"training4changeS really trains its employees and players to become greater people, not just to be great coaches or great players. Education comes first for the organization, and then sport; that's awesome."

- Brendine Johnsons SPARK School Teacher

Skills4Life

8 DECENT WORK AND ECONOMIC SECURITY

catching up with past participants as we celebrate 5 years of equipping coaches with tangible skills for work

"training4changeS is a place where you feel very safe, and you can address any issue that you have. I learned to be disciplined, and how to work with different people. I still have things that I am using today that I learned from training4changeS."

— Lebohang Molefe

DCAS Kayamandi High School





"I've learned how to be goal oriented, and how to work with different races. That added a lot to my life, and especially helps me a lot where I work now.

- Lorenzo Claasen
Stellenbosch Sport & Facilities

"I will always take with me what I have learnt at training4changeS! Working as a team and being a leader, that's what I'm putting in my life right now."

- Nonopha Mngqibisa
Stellenbosch Fire & Rescue



Child Protection Policy





We worked on 3 levels to improve our efforts to safeguard children. We now have an updated and strengthened child protection policy for all staff and volunteers. We received legal assistance to help ensure our policies are more robust and cover all of the bases with South African law.

We did a parents' workshop introducing them to the UN Convention on Child Rights as well as our policies for safeguarding their children. The parents helped us identify key dangers their children face, and outline a vision for their children's safeguarding/growth. Feedback from the parents is incorporated into our policies, procedures, and activities.





Coaches Across Continents helps us bring these policies to life with our kids through a series of games that explore the dangers they face and discovering pathways to a safer future. The key danger our children say they face daily is physical violence. The key rights they want to pursue are safety, education, and choice.

Congratulations Keke



Keke first joined training4changeS as a volunteer in 2014, and went on to complete our Skills4Life Employability Initiative before being hired full-time as a coach at our Futsal Acadmey. Keke is passionate about serving vulnerable children and youth. He has an unprecedented ability to connect with his players, and uses his role as a coach to educate young people. He has served as a Community Impact Coach with Coaches Across Continents in Zimbabwe where he taught community leaders to use sport for social impact. In 2016 the Mayor of Stellenbosch recognised Keke for outstanding youth leadership; in 2018 he was recognised with the WWE "Hero In All Of Us Award" for his use of sport for community transformation, and won the "Courageous Use of Sport Award" at the Beyond Sport Global Awards in New York City, USA where he also featured as a speaker on Youth Engagement. Many people look up to Keke because of his leadership and experience, as well as the tireless love and commitment he shows to empowering young people to reach their full potential.



In September2019 the Mayor of Stellenbosch, and the Rector of Stellenbosch University recognized Keke with an Honorary Award for his sustained and exceptional contribution to education in the Greater Stellenbosch. Keke was part of an elite group of educators (most of whom were at least 20 years older than him) from around the municipality who were honored.

Keke was acknowledged for his great work in using sport to encourage social cohesion. He has been instrumental in helping training4changeS create safe spaces where people from all backgrounds and cultures can come together to learn. Keke has played a key role in the development of our education initiatives inside and outside the classroom.



Partnership Highlights





In 2019 training4changeS became
the first African organization to earn
the prestigious Coaches Across
Continents accreditation for
Purposeful Play: Creating Education
Outside the Classroom. This gives
unique backing to the curriculum we
use to equip coaches and athletes.

In 2019 training4changeS was named on the prestigious Official Shortlist for the Beyond Sport Global Awards 2019 in the Sport for Peace and Social Justice Award (SDG 16) category. We were recognized as the #1 African organization using sport for peace and social justice!



2019 OFFICIAL SHORTLIST



#SAMETEAM



A car dealer in Cape Town contacted us in October 2019 to say that an anonymous person purchased a second hand van for us! Having our own vehicle will solve the biggest logistical challenge we have faced working with people in multiple communities for the last several years. We were all overjoyed to receive the van as a surprise year-end gift.

