



2018

ANNUAL REPORT





***training4changeS
exists to utilize sport
as a catalyst for
holistic community
transformation
and to intentionally
equip young leaders
with essential life
skills and values.***

training4changeS Theory of Change

THE CHALLENGES young people around us face stem from adverse social issues, including racial injustice, unemployment, high crime rates, gangsterism, substance abuse, HIV/AIDS, and limited advancement opportunities.

THE SOLUTIONS we employ are using futsal to create coaching jobs for local youth; investing in children's education and overall well-being; overcoming social divides, such as sexism and racism; addressing crime and violence in poverty-stricken areas; and educating people on HIV/AIDS prevention.

we are training4changeS

this is our journey with young people through sport towards holistic transformation



THE LEGACY we leave is young people who are better prepared to lead fulfilling lives and contribute to sustained change in their communities and beyond.

THE CHANGE we see is young people discovering hope for the future, pursuing education and career opportunities, becoming positive role models in their community, and demonstrating clear holistic growth.



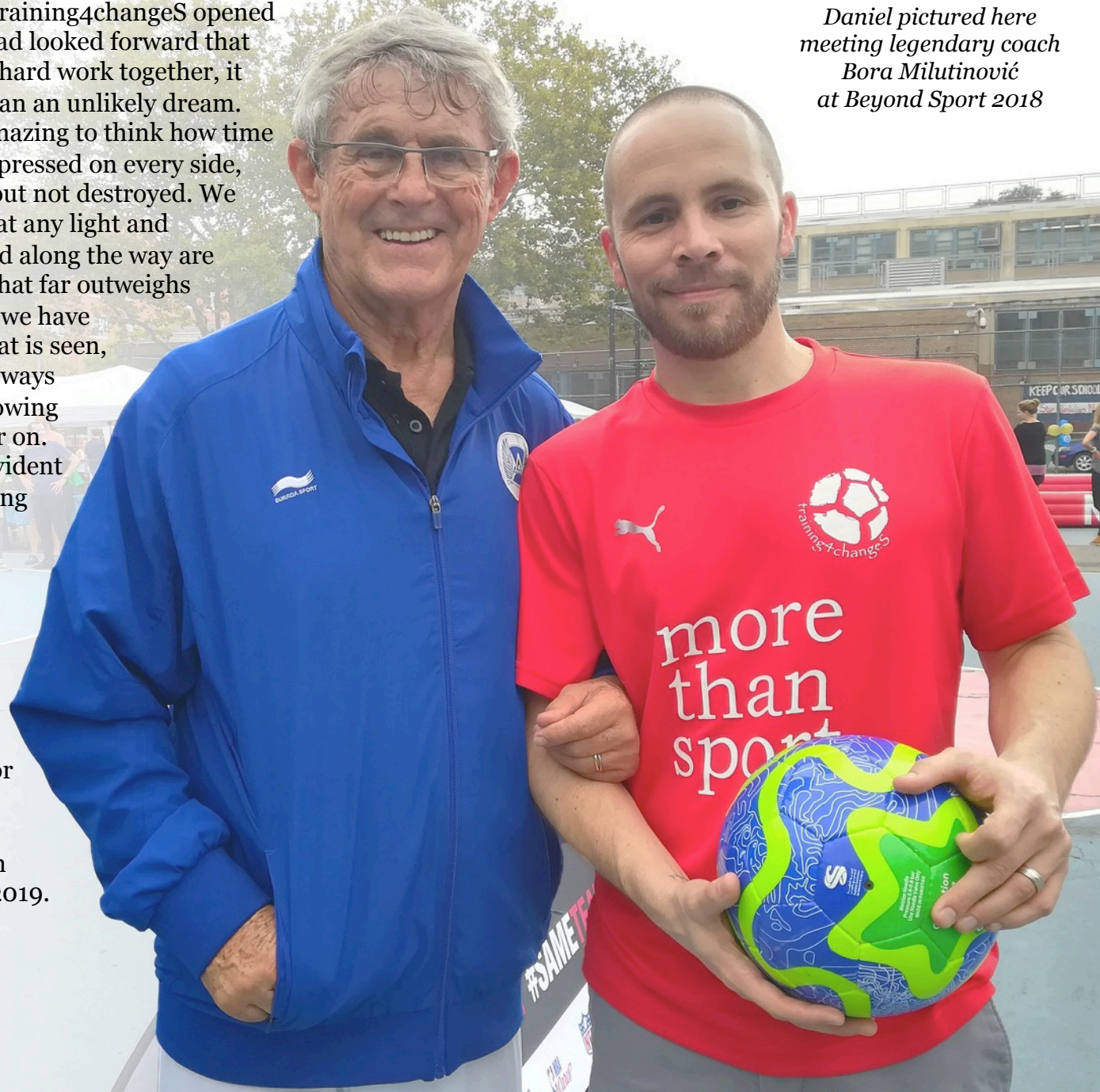
March 14, 2014 was the day that training4changeS opened our office in Stellenbosch. If we had looked forward that morning to celebrating 5 years of hard work together, it would have been nothing more than an unlikely dream. Fast-forward to today, and it is amazing to think how time has flown by. We have been hard pressed on every side, but not crushed; knocked down, but not destroyed. We have not lost heart. We believe that any light and momentary troubles we have faced along the way are achieving for us an eternal glory that far outweighs them all. Through thick and thin, we have resolved to fix our eyes not on what is seen, but on what is unseen. Quinton always speaks about the importance of sowing seeds that will only bear fruit later on. This truth has never been more evident for us than in 2018. From launching our Futsal Academy to joining Common Goal and our trip to the Beyond Sport Awards atop One World Tower, we have reached so many exciting milestones together as a result of hard work in years gone by. It has been a journey of struggle and triumph, but we are increasingly grateful for the wide range of people who walk the walk with us. We are excited to see how we will push on together towards new heights in 2019.

Soli Deo Gloria,



Daniel Thomae

*Daniel pictured here
meeting legendary coach
Bora Milutinović
at Beyond Sport 2018*





THE GLOBAL GOALS

For Sustainable Development

The Global Goals, are a universal call to action initiated by the United Nations to end poverty, protect the planet and ensure that all people enjoy peace and prosperity. There are 17 interconnected goals – often the key to success on one involves tackling issues more commonly associated with another. The Global Goals cover issues that affect us all. They are ambitious, and they require everyone working together to build a more sustainable, safer, more prosperous planet for all humanity. Since the Global Goals were launched in 2016 we have found it increasingly helpful to describe the broad spectrum of our work in the context of these goals and their various targets.

Read on to find out how our work in 2018 aligned closely with Goals 3, 4, 5, 10, 16, and 17.

Our futsal-based active learning approach helps participants lead more healthy lives. Regular exercise on the futsal pitch helps:

- Reduce obesity
- Improve mental health.
- Contribute to higher levels of self-esteem and self-worth
- Relieve daily stresses

Substance abuse is a major driver of crime in communities around Stellenbosch. Drug and alcohol abuse are particularly prevalent in disadvantaged areas where children are often left unsupervised while their parents work, and where there is a lack of organised recreation on offer.

Using our sport for social impact curriculum with games like *Sober Decisions*, we take an early prevention approach to addressing alcohol and substance abuse.

3 GOOD HEALTH AND WELL-BEING





*Encouraging each of
our players to drink
more water is one
way to contribute to
good health and
well-being*

4 QUALITY EDUCATION



This year we were able to take exciting steps towards realizing our goal of providing full-time academic support in our Futsal Academy. South Africa has an imbalanced education system that is failing the vast majority of young people. Only about 40% of South African children graduate from high school, and statistics show that as little as 13% gain admission into university.

We believe education liberates the intellect, unlocks the imagination and is fundamental for self-respect. It is the key to prosperity and opens a world of opportunities. We encourage children to value education so they can become lifelong learners. Our goal is to provide numeracy and literacy support in a fun learning environment.

Through our efforts with our Futsal Academy boys:

- 90% had fun learning
- 60% reported increased confidence with reading
- 100% reported increased confidence with math



Quiz Trade

Handshake:
Ask Questions:
Trade:
Handshake:
Goodbye:

We use real life examples from the soccer world to help our Futsal Academy boys get excited about math and reading

Sport can play an important role in achieving gender equality by empowering women and girls.

Through futsal tournaments, and other learning opportunities, our #againstALLodds campaign strives to help:

- End discrimination against women and girls
- End violence against and exploitation of women and girls
- Ensure female participation in leadership and decision-making
- Support policies and enforceable legislation for gender equality

Recent reports show an alarming 117% increase in crimes against South African women and girls in the last few years. This year we partnered with Stellenbosch Municipality, Common Goal, Malaika, and Coaches Across Continents' ASK for Choice initiative to help create more safe spaces for girls through futsal.

5 GENDER
EQUALITY





It was a privilege for us to have Elvis from Malaika and the FIFA Football For Hope Centre in DRC visit to help us empower girls through futsal

10 REDUCED INEQUALITIES



Stellenbosch has been called the most unequal town in the world. While that may be debateable, there is no denying that you will be hard pressed to find a place where the vast socioeconomic divide is so visible.

We believe the uniting power of sport gives us a unique opportunity to help reduce inequality around us. As we strive to promote the inclusion of people from diverse backgrounds, we have enjoyed the privilege of helping people reach across divides to develop meaningful relationships and share resources in ways too rarely seen around Stellenbosch.

This year we were able to bring people from more than 10 local communities together to create shared learning opportunities that will help reduce inequalities.



Titus O'Neil and Apollo Crews from WWE visited our Futsal Academy to encourage our team and give Keke the "Hero in All of Us" Award

Sadly it seems that each day brings new stories of rampant injustice from almost every corner of society. We are acutely aware of the need to love justice, seek mercy and walk humbly so that we can play a role in promoting peaceful and inclusive societies. As we invest in young leaders, our aim is to develop a generation of men and women who strive for peace, justice and inclusive institutions.

Our sport for social impact curriculum, with games like *Teams for Peace*, takes aim at:

- Reducing violence
- Protecting children from abuse, exploitation, trafficking and violence
- Ensuring responsive, inclusive and representative decision-making

This year we had the privilege of being shortlisted for the Beyond Sport Peace and Social Justice Award during the prestigious Beyond Sport Awards at New York's One World Trade Center.

16 PEACE, JUSTICE AND STRONG INSTITUTIONS



2018 OFFICIAL SHORTLIST



#SAMETEAM

*We're blessed with
amazing coaches who
are committed to
loving and protecting
our kids every step of
the way*



17 PARTNERSHIPS FOR THE GOALS



The Global Goals can only be met if we work together. International cross-sector collaboration is imperative from role players, big and small. To build a better world, we need to be supportive, empathetic, inventive, passionate, and cooperative.

None of our work would be possible without the collaborative efforts of our diverse global team. We are equally grateful for the many individuals who faithfully support training4changeS behind the scenes, our continued partnerships with global giants like streetfootballworld and Coaches Across Continents, as well as local South African supporters like the National Lotteries Commission and Stellenbosch Municipality.

From Beyond Sport and WWE collaborating to recognize Keke with the Courageous Use of Sport Award, to Common Goal making it possible for us to team up with international soccer players Tessel Middag (Netherlands) and Alex Rúnarsson (Iceland), 2018 was also a year of exciting new partnerships that brought renewed optimism and increased dynamism to propel us into 2019.



Iceland international goalkeeper Alex Rúnarsson visited our academy as part of his commitment to Common Goal

**Thank you to everyone who played a role in making
this year a huge success,**



Onefootball



Stellenbosch *Auto* Clinic



+

so many more!

