

## training4changeS Theory of Change

THE CHALLENGES young people around us face stem from adverse social issues, including racial injustice, unemployment, high crime rates, gangsterism, substance abuse, HIV/AIDS, and limited advancement opportunities.

THE SOLUTIONS we employ are using futsal to create coaching jobs for local youth; investing in children's education and overall well-being; overcomimg social divides, such as sexism and racism; addressing crime and violence in poverty-stricken areas; and educating people on HIV/AIDS prevention.

## we are training4changeS

this is our journey with young people through sport towards holisitic transformation









THE LEGACY we leave is young people who are better prepared to lead fulfilling lives and contribute to sustained change in their communities and beyond.

THE CHANGE we see is young people discovering hope for the future, pursuing education and career opportunities, becoming positive role models in their community, and demonstrating clear holisite growth.





### **A Word From Our Co-Founder**

If 2016 was our refining fire, 2017 was the year that gave us more clarity of vision. This year brought to a close an important chapter in our growth; a season in which we gained vital experience engaging communities and creating pathways for employment through sport. When someone once said life should be a journey that leaves you loudly proclaiming, "Wow! What a Ride!", they might as well have been summarizing life at training4changeS. This year has been full of the unexpected; many highlights to celebrate and many challenges to learn from. This brief account can't do justice to the nuances of our exhilarating journey, but hopefully each page will provide a snapshot of what's happened through our efforts to use sport as a platform for creating jobs, providing skills training, supporting education, and encouraging young people to discover the potential that lies within them. These experiences have set us up to embark on the next phase of our journey, and as we look forward to entering our 5th year of work in Stellenbosch we are motivated to face the immense challenges before us with optimism. We are excited about the road ahead. We look forward to the launch of our Futsal Academy, and what will be accomplished through the collective effort of each one of our global team members.

Soli Deo Gloria,

Daniel Thomae





We had the privilege of devoting our time to 80 children this year through our School Futsal Initiative (SFI)! Our coaches developed their players' futsal skills and explored important life skills through social impact games each session.



We are so grateful to have engaged more than 600 girls and boys in 15 schools around Stellenbosch through our SFI since 2014!



"My coach helped me learn how to control the ball better and how to move into space on the field, but he also helped me learn about HIV and how to make healthy choices through the games we played."

- Katsande, SFI participant





We employed 4 coaches this year in our Skills4Life Employability Initiative. They explored many important topics during their weekly training sessions, including interpersonal and conflict resolution skills.



We have created 22 temporary employment opportunities through Skills4Life since 2014. The majority of our participants have gone on to obtain permanent employment in fields including hospitality, sport, government, teaching, and fire fighting.



"The personal support I received was really helpful for me, and I really learned a lot! training4changeS showed me love and trusted me. The experience I got working with kids was one of the highlights of being with t4c."

- Steve, Skills4Life participant



This year we have, once again, been incredibly enriched by our wide range of partnerships. Each collaboration has created opportunities for shared learning, and added value to the communities we serve.

We welcomed interns who helped us with fundraising, curriculum development, and other projects





We forged new local partnerships to serve Stellenbosch





# We participated in academic research projects

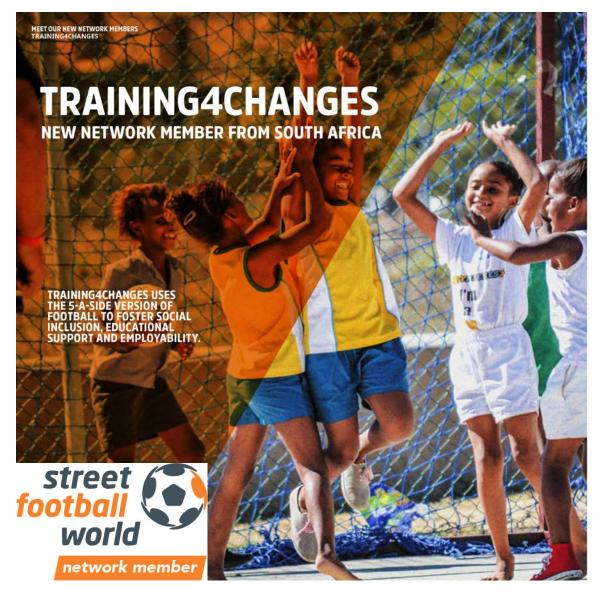


LOUISIANA STATE UNIVERSITY

We connected with the global community by hosting a soccer service trip



This year we were invited into streetfootballworld, the leading global network of football for good organizations. We join more than 100 organizations in helping change the world through football.



#### **MEET TRAINING4CHANGES**

Stellenbosch, South Africa

training4changes was founded in 2013 by Daniel Thomae and operates in Stellenbosch, Western Cape, South Africa. The organisation uses sport as a catalyst for holistic community transformation and to provide young leaders with essential life skills and values, training4changeS envisions a generation of leaders equipped to sustain change. It blends futsal coaching with life skills teaching, educational support, and employability skills training, focusing on at-risk youth in low income communities.

training4changeS uses *three core initiatives* to do so: the school futsal initiative; the Skills4Life employability initiative; and coaching education.

#### THE SCHOOL FUTSAL INITIATIVE

An after school initiative engaging young learners directly, with a blend of futsal coaching, life skillis teaching, and academic support. Coaching sessions focus on the holistic development of each participant. In addition, a weekly match day involving all participants fosters social inclusion by creating space on and off the playing field for relationship building between racially divided communities.

#### SKILLS 4LIFE EMPLOYABILITY INITIATIVE

A unique initiative equipping at-risk young women and men with essential skills necessary for getting, keeping, and doing well in jobs. SkillsAtife provides unemployed youth with a mixture of futsal coaching education, mentoring, and transferable skills training. It is designed to build deep transformational relationships with a small number of people, encouraging participants to step up and be the change they want to see in their communities. As a jumpstart on a pathway to permanent employment, participants are employed on a part-time basis to facilitate the above-mentioned School Futsal Initiative.

#### **COACHING EDUCATION**

training4change5 delivers high-level futsal coaching certification that also focuses on using sport for social impact. The organisation believes that a coach has an important role to play in the holistic development of an athlete, and empowers coaches to use futsal as a building block for a brighter future. All coaches are encouraged to live as positive role models and mentors who help athletes understand their true identity and realize their full potential on and off the field. The initiative also serves as an income-generating activity for the organisation.



### **Coaching Education**

### **Sport Events**

### **Leadership Training**



We helped equip over 60 coaches from more than 15 countries to use sport for social impact.



We enjoyed some great opportunities to work with children outside of our School Futsal Initiative.



We facilitated numerous workshops on topics ranging from youth leadership to reconciliation.

### **In Partnership With**









# meer as sport **MORE THAN SPORT** ngaphezu kwemidlalo











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